

# Body Buzz™

Muscle Massager



**INSTRUCTION MANUAL**

Thank you for purchasing the Body Buzz™ Muscle Massager!  
Please read the contents of this Instruction Manual before first use  
and keep this instruction manual on hand for future reference.

## **⚠ IMPORTANT CAUTIONS & WARNINGS**

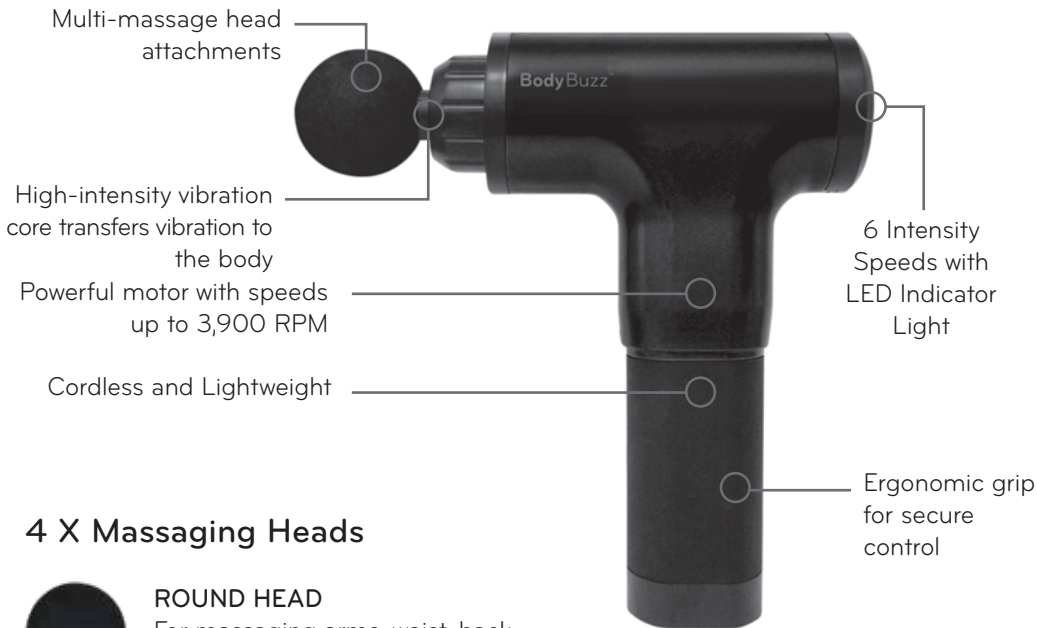
1. Be sure to consult with your doctor prior to using the Body Buzz™ Muscle Massager if your health is impaired in any way, if you have inflammation, are prone to allergic reactions and if you are pregnant or lactating.
2. Always use this product only for its intended use and as directed in this Instruction Manual. This product is not intended to be substitute for professional medical advice, diagnosis or treatment.
3. Do not use this product on areas where there is pain.
4. Do not massage any area of the body that is swollen, inflamed or has any skin damage.
5. Close supervision is necessary if/when this product is used near children or disabled individuals.
6. The Body Buzz™ Muscle Massager is intended for adult use only. It is not intended for children or individuals with reduced physical, sensory or mental capabilities or lack of experience and knowledge, unless they have been given supervision or instructions on correct use by an adult responsible for their safety.
7. This product is not a toy. Keep it away from children.
8. Always use this product as per instructions outlined in this manual. Any misuse can cause malfunction. The manufacturer and/or distributor are not liable for any damage to the product, your personal property or personal injury that may be caused by misuse of the product.
9. Before first use, check the main unit and all parts for any damages and make sure the adapter has the correct plug that is suitable for the region you are in.
10. Do not use this product if any parts are damaged or if it malfunctions in any way. Do not attempt any repairs yourself and make sure to contact a qualified service agent for any repairs. If this is not available, contact the distributor.

11. Always use the Body Buzz™ Muscle Massager on a dry surface of the body. It can be used over clothing. Lightly press and move across the body for approximately one minute per region.
12. Make sure to use this product on the body's soft tissues only, such as muscles, and discontinue use immediately if there is any pain or discomfort.
13. Do not use this product on the head or any bony part of the body.
14. While the unit is turned on, take care to keep the shaft and back of the massage heads away from hair, fingers and any other body part as pinching may occur.
15. Some bruising may occur if strong pressure is applied. Frequently check the treated area and stop at any sign of discomfort.
16. Do not keep this product running for more than 15 minutes continuously, as it may activate the over-heat protection feature, at which time the product will turn itself off automatically. If this happens, wait for 30 minutes before using it again.
17. Never use the Body Buzz™ Muscle Massager while it is charging.
18. Do not block the ventilation holes and do not insert any object into the ventilation holes of the product.
19. Do not immerse the unit in water or any other liquids and do not sprinkle any liquids into the ventilation holes.
20. Always keep the unit away from any liquid or heat source.
21. Use only the adapter and massage heads provided with the unit. Never use any other accessories.
22. Do not leave the unit to charge on its own and never leave it on its own while it is still turned on.
23. Once charging is done, always unplug the unit from the adapter and unplug the adapter from the power socket.

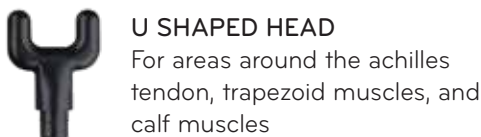
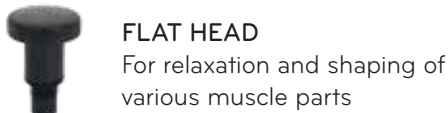
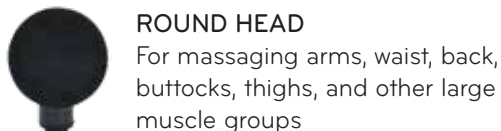
FOR HOUSEHOLD USE ONLY

# PARTS & ACCESSORIES

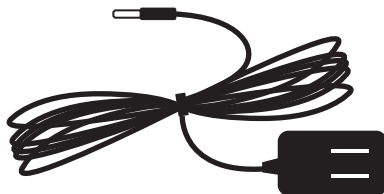
## 1 X Cordless Body Buzz™ Muscle Massager Main Unit



## 4 X Massaging Heads



## 1 X Power Adapter\*



## 1 X Instruction Manual



\*NOTE: The image above shows the power adapter with the standard North American plug. The plug type on your adapter will vary based on the region you are in and, therefore, may look different from the one shown here.

# SPECIFICATIONS



|                              |                       |
|------------------------------|-----------------------|
| Battery Capacity             | 2,000 mAh             |
| Powered by DC Adapter        | 110-240V/50-60Hz 0.5A |
| Output Voltage               | 8.5V 1A               |
| Power Consumption            | 35W                   |
| Level 1 Speed                | 2900 RPM              |
| Level 2 Speed                | 3100 RPM              |
| Level 3 Speed                | 3300 RPM              |
| Level 4 Speed                | 3500 RPM              |
| Level 5 Speed                | 3700 RPM              |
| Level 6 Speed                | 3900 RPM              |
| Charging Time                | 2.5 Hours             |
| Run Time (after full charge) | 1.5 Hours             |

# CHARGING YOUR BODY BUZZ™ MUSCLE MASSAGER

1. Make sure to charge the unit fully before first use. The full charge time is around 2.5 hours.
2. Connect the adapter to the charging port of the unit and plug the adapter into the power socket. When the red indicator light changes to green, the charging is complete.

**⚠ WARNING** Never use the unit while it is charging!

3. Once the charging is done, unplug the unit from the adapter and unplug the adapter from the power socket.

NOTE: The average operating time for this product is around 1.5 hours, which can vary based on the gear level and pressure during use.

## INSTRUCTIONS FOR USE

1. Choose the desired massage head and push it tightly into the Body Buzz™ Muscle Massager main unit.
2. Press the Power Button, which will turn on the red indicator light and the unit will start operating at Level 1.
3. If you want to change the operation intensity to a higher level (Levels 2-6), keep pressing the Power Button until the desired level is reached.

4. Massage the desired body part at the selected intensity level apply pressure as needed. You can adjust the intensity level as needed.

**⚠ CAUTION** Do not keep the unit running for more than 15 minutes continuously, as it may activate the over-heat protection feature, at which time the product will turn itself off automatically. If this happens, wait for 30 minutes before using it again.

5. To turn the unit off at any time, press and hold the Power Button.  
NOTE: If you notice the unit's power is slowing down during use, it is time for it to be recharged. It is suggested to recharge the unit back to full capacity each time.

# CLEANING & MAINTENANCE

1. The unit can be cleaned with a soft cloth.
  - ⚠ WARNING** Do not immerse the unit in water or any other liquids and do not sprinkle any liquids into the ventilation holes.
  - ⚠ WARNING** Do not block the ventilation holes and do not insert any object into the ventilation holes of the product.
2. Keep the unit run time up to 15 minutes. If you need to treat a certain area for longer than 15 minutes, take a break, let the unit recharge and go back to that area again.
  - ⚠ CAUTION** Do not keep the unit running for more than 15 minutes continuously, as it may activate the over-heat protection feature, at which time the product will turn itself off automatically. If this happens, wait for 30 minutes before using it again.
3. If the unit is not used for a long period of time, make sure to charge it periodically to keep the battery life longer.

## CORRECT DISPOSAL OF THIS PRODUCT



This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources. To return your used device, please use the return and collection systems or contact the retailer where the product was purchased. They can take this product for environmentally safe recycling.

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